

Enforcing Intergenerational Solidarity Through Knowledge Transfer



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From Asian Pacific Perspective
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Agenda



- Background
- KT in Hong Kong Universities & its interpretation at Lingnan
- Theme, objectives and its theoretical base
- Elders as an agent of change, knowledge & skill transfer and examples
- Members of society have understanding of the process of ageing and specific needs of older persons
- Conclusion

About Lingnan University...



- **Background**
 - Founded in 1888 in Guangzhou and become Lingnan University in 1999
- **Area of Strength**
 - Liberal Arts Education
 - ✦ Academic mix: Arts, Humanities and Social Sciences
- **Mission**
 - Whole Person Development Approach to Education
 - Education for Service as guiding motto

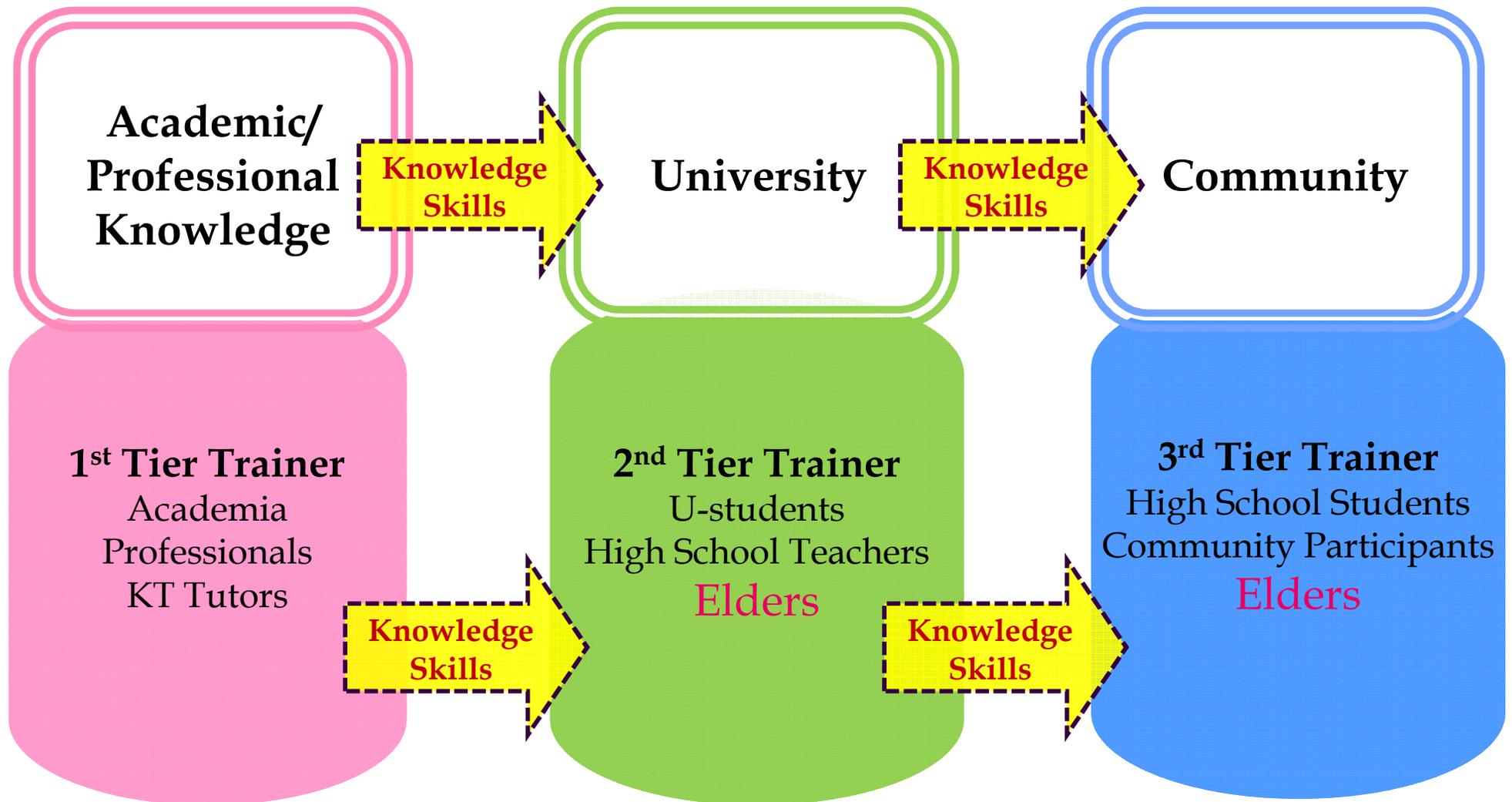
Knowledge Transfer in Lingnan



- The 3rd mission on top of “Teaching” and “Research”
 - Included in UGC’s mission statement in 2007
 - Triennium funding beginning from 2009
 - Lingnan at the second year of KT development
- Knowledge Transfer: Process-focused



Train-the-Trainer Approach



Knowledge Transfer in Lingnan



- Central Theme: **A Life Course Perspective to Ageing**
 - Response to the changes in society: Population ageing
 - ✦ Hong Kong: Aged 65+: 13% (2009) → 26% (2033)
 - ✦ More age groups in population, but relatively less people in each age group
 - Create a society for all ages → Promote **Intergenerational Solidarity**
 - ✦ Direction 1: Older persons remain an active role in the community through a lively participation in socio-cultural activities, including as agent of knowledge and skill transfer
 - ✦ Direction 2: Members of society have an understanding of the health conditions and specific needs of older persons
 - Age-friendly → Ageing-friendly

Knowledge Transfer Programs in a Nutshell



| Content | YO (young-old)Partnership | Body Positive | Healthy Life! Healthy Mind! |
|------------------|---|---|--|
| Objective | To promote ageing from a life course perspective, create a society for all ages | | |
| | Intergeneration Solidarity | Anti-ageism | NCD framework |
| | <ul style="list-style-type: none"> To promote cross generation integration through intergenerational activities. To enhance social harmony | <ul style="list-style-type: none"> To promote positive body image from social, culture and ageing perspectives. To enhance the social status of aged | <ul style="list-style-type: none"> To promote physical and mental well being through healthy lifestyle workshop To empower individual with health information |
| Program | <ol style="list-style-type: none"> 1) Social Gerontology Course for Ming Kei College 2) SOC324 Work and Occupation x Hand in Hand, Life to Life Project (Social Gerontology Course) | <ol style="list-style-type: none"> 1) Are you beautiful? 2) What do you see when you look in the mirror 3) Girls with thousand faces 4) The secret recipes of skin products | <ol style="list-style-type: none"> 1) Cooking Mama Series 1 2) Young-Old funky Dance Craze 3) SOC333 Health, Illness and Behavior x Health Frontier in Tuen Mun I 4) SOC327 Social Welfare and Problems in Hong Kong x Health Frontiers in Tuen Mun II |

Direction 1: Older persons as agents of knowledge and skill transfer

Young-Old Drama on Healthy Ageing



Young-Old Drama

Promote Positive & Healthy Ageing in Community

- An young-old partnership in performance art, i.e. Drama
- 2009 batch: 10 elders + 12 students
- 8 performances: over 800 audiences
- Promote positive outlook and healthy ageing
- The pre-post-test results (t-test) show all participants, both young and old, have a more positive views on older persons after the program, such as:
 - Active, Independent, Updated, Flexible, Approachable and Cooperative
- Manual on Young-Old Drama



Direction 1: Older persons as an agent for knowledge and skill transfer

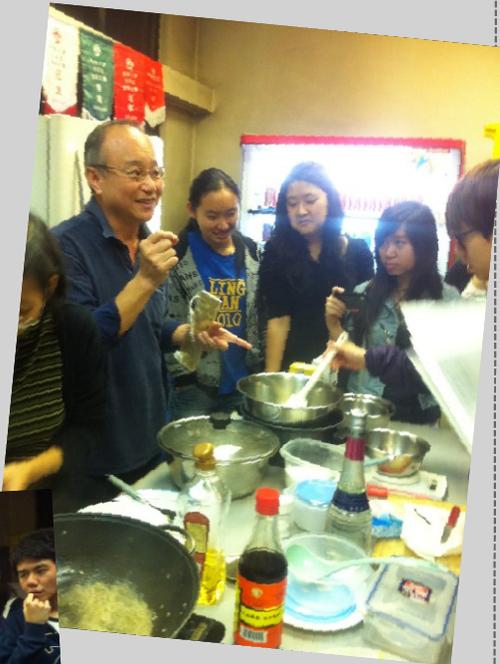
Cooking Mama Series on Healthy Cooking in Hostels



Cooking Mama Series

Promote Healthy Cooking in Hostels

Sept-Oct 2010



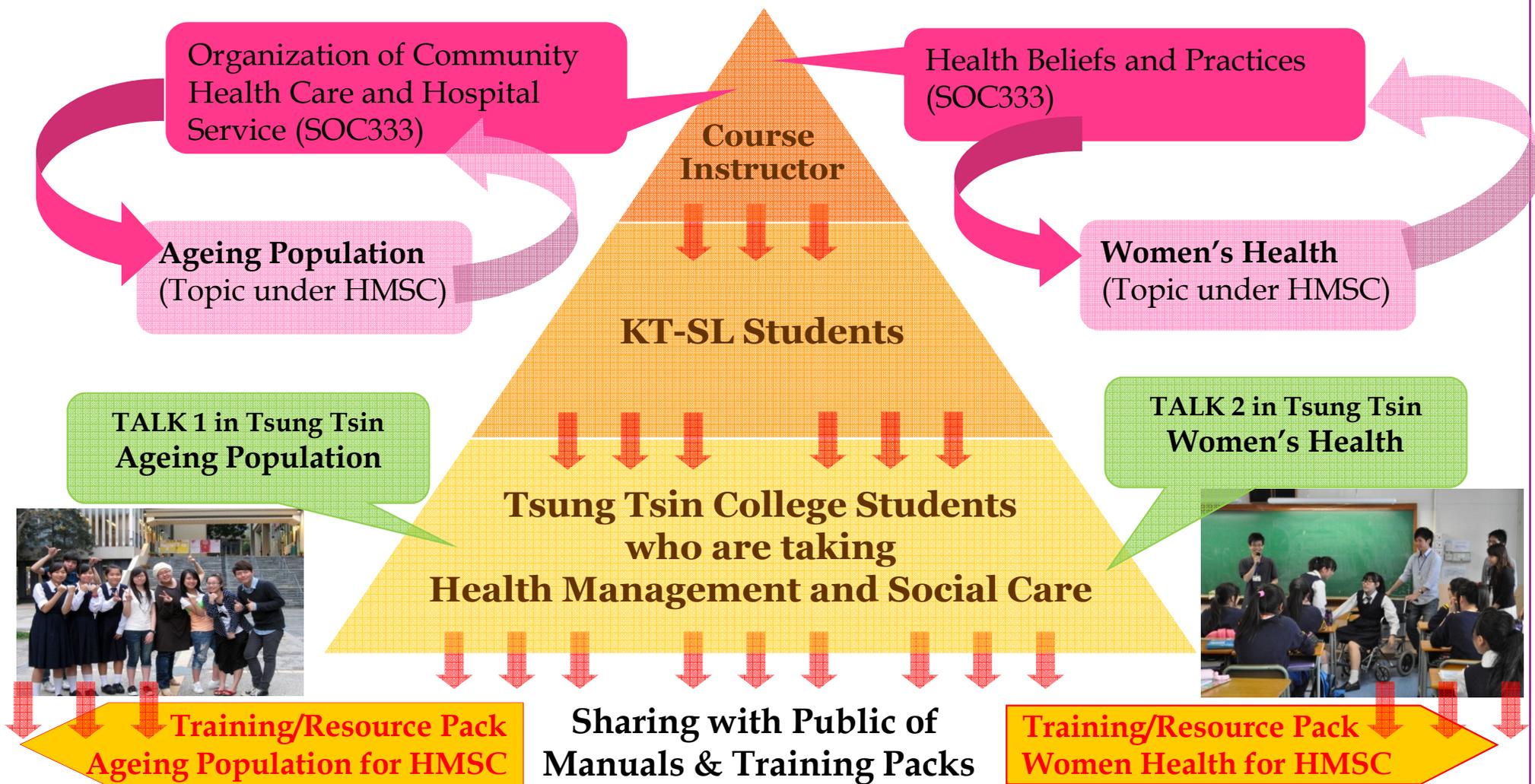
- Elders teamed up as “cooking mamas and papas” to promote healthy eating and cooking tips to hostel residence
- From foods to LOVE!
- 9 elders + 1 cook + 1 nutritionist
- 4 workshops: 83 students
- Pre-post test results show students learn more about maintaining health diet in hostels and making healthy foods is not impossible in hostels
- Cook book with stories told by elders behind the dishes will be published (March 2010)

Direction 2: Understand the health conditions of ageing and needs of older persons Uni Gerontology Course x 334 New Senior Secondary Curriculum



SOC333 Health, Illness and Behavior

334 NSSC Health Mgt & Social Care



Direction 2: Understand the health conditions of ageing and needs of older persons Social Gerontology Course at Secondary Schools as Other Learning Experience



Social Gerontology Course

At Secondary Schools as Other Learning Experience

- 4-part training (6 hrs) + elderly services (at least 6 hrs)
 - Part 1: Hong Kong Demographical changes and its opportunities
 - Part 2: Hong Kong Ageing Policy and Services
 - Part 3: Ageing Services in (home district)
 - Part 4: Communication skills with older person
- The contact hours could be counted as “Other Learning Experience (OLE)”
- 2010-2011
 - 7 secondary schools in Tuen Mun
 - 1 secondary school in Mong Kok



Conclusion



- **KT bears the mission of creating a society for all ages**
 - Elders to actively participate in activities, as agents of knowledge and skills transfer
 - Public to understand the condition/process of ageing and the specific need of older persons
- **Push to public by linking up with stakeholders in the community**
 - Secondary schools, i.e. 334 NSS Curriculum & OLE
 - Teacher's community via Education Bureau
 - Social Welfare Department & NGOs partner
 - Elder Academy (2-tier trainer as teachers in EA)

Thank you!



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